

Fall 2017 Dance Courses at Ronald McNair

with

Tommie Shaw & Company



Hip Hop

Wednesdays

Grades K - 5

4:05 – 5:05

9/20/17 – 11/15/17

Tuition: \$165.00

[Click here to register](#)

Or visit www.tommieshaw.com, click "Registration", then click "Ronald McNair Hip Hop"

Hip Hop is a high-energy dance form that uses the latest sounds in rap, R&B, and pop music, and is perfect for boys and girls who love to move! This fun-filled class immerses students in all aspects of motion, developing their balance, coordination and strength, as well as promoting creativity, teamwork, and self-esteem. We use child-friendly music in all of our Hip Hop classes (often Kids Bop), and all movement is age-appropriate. As always, classes this session will feature new music and choreography. Parents are invited to join us on the last day of class for a Parent's Day performance.

{Hula}Hoop Dance & Cheerleading Combination Course

Fridays

Grades 1 - 5

4:05 – 5:05

9/22/17 – 12/15/17

No class on 10/6, 11/10, 11/17 & 11/24

Tuition: \$165.00

[Click here to register](#)

Or visit www.tommieshaw.com, click "Registration", then click "Ronald McNair {Hula}Hoop & Cheerleading Combination Course"

This class will include both Hoop Dance and Cheerleading. Hoop Dance is an exciting newer dance form, which involves dancing and artistic movement with a hula hoop used as a prop or dance partner. Hoop dancers rotate the hoop around parts of the body other than the waist, including the hips, chest, neck, shoulders, legs, arms, hand, and feet. Modern hooping draws from such diverse art forms as hip-hop, rhythmic gymnastics, freestyle dance, baton twirling, and more. For Cheerleading, we teach students the basics, including motions, cheers, jumps, basic tumbling and simple stunting. During stunting, simple pyramids of only two levels will be taught. As always, this session will feature new music and choreography. Parents are invited to join us on the last day of class for a Parent's Day performance.

These materials are neither sponsored by nor endorsed by the Board of Education of Montgomery County, the superintendent, or this school.